



Name: _____

Exit Ticket

I used to think (我以前認為): _____

Now I think (我現在覺得): _____

I can _____ to fight hunger!
(行動)



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Exit Ticket

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Now I think (我現在覺得): _____

I can _____ to fight hunger!
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Food Waste (食物浪費)



A. Think-Pair-Share:

Step 1: Think and write down your answers.

Step 2: Find a partner and share your answers, add on what you did not think of.

Step 3: Share with the class.

1. What are the problems “food waste” may bring? (「浪費食物」可能會帶來哪些問題?)

2. What are the benefits “no food waste” may bring? (「停止浪費食物」會帶來哪些好處?)

3. How can we reduce “food waste”? (我們要如何減少「浪費食物」?)

B. Design your poster (設計你的海報): Create your poster to love food and reduce waste!

A large, empty rounded rectangular box with a thin black border, intended for students to draw and design their poster about loving food and reducing waste.

Food Waste Record (浪費食物紀錄表)

Class: _____ No.: _____ Name: _____

A. Record your eating habits for a week! (記錄你的飲食習慣一週！)

Date (日期)	What food did I throw away? (我丟掉了什麼食物?)	Why? (為什麼?)
<p><i>example</i></p> <p>2023/03/24</p>	<p> <input type="checkbox"/> meat <input type="checkbox"/> fruit <input checked="" type="checkbox"/> snacks <input checked="" type="checkbox"/> vegetable <input type="checkbox"/> bread <input checked="" type="checkbox"/> drinks <input checked="" type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____ </p>	<p>vegetable - I don't like it. (我不喜歡吃。)</p> <p>rice - I was too full. (我太飽了。)</p> <p>snacks - It's expired. (過期了。)</p> <p>drinks - I dropped it on the floor. (掉到地上了。)</p>
<p><i>Day 1</i></p>	<p> <input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____ </p>	
<p><i>Day 2</i></p>	<p> <input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____ </p>	
<p><i>Day 3</i></p>	<p> <input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____ </p>	
<p><i>Day 4</i></p>	<p> <input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____ </p>	

<i>Day 5</i>	<input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____	
<i>Day 6</i>	<input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____	
<i>Day 7</i>	<input type="checkbox"/> meat <input type="checkbox"/> fruit <input type="checkbox"/> snacks <input type="checkbox"/> vegetable <input type="checkbox"/> bread <input type="checkbox"/> drinks <input type="checkbox"/> rice <input type="checkbox"/> noodles <input type="checkbox"/> others: _____	

B. Find out what food you threw away the most and why! (找出你最常丟掉什麼食物以及原因為何！)

a. I threw away _____ the most because _____

b. How can I reduce food waste based on my eating habits? _____





UN Speech Script (演說講稿)



Group: _____ No.: _____ Name: _____

Dear UN officers,

We are ATS (As Taiwanese Superstars) from Taiwan. We are here to help people around the world to fight hunger! Because of _____ (飢餓成因), some people do not have enough safe healthy food to eat. Our country can _____ (一項國家行動).

We can help, too! (三項個人行動)

1. Let's _____ to fight hunger!
2. Let's _____ to fight hunger!
3. Let's _____ to fight hunger!

_____ (號召口號)

Let's fight hunger! Thank you!

Slogan Bank: (號召口號參考)

1. If not now, when? If not us, who?
(如果不是現在做, 那要什麼時候才做? 如果不是我們來做, 那要誰來做?)
2. We can all make the world a better place.
(我們都有能力讓這個世界變得更美好。)
3. With great power comes great responsibility.
(能力越大, 責任越大。)



Text to Speech
(語音合成網頁)



Seesaw

My Own Superhero 成為我自己的超級英雄

When I feel alone or afraid
當我感到孤獨或害怕
And nothing is going my way
什麼事情都不順心
Or when I'm just running
或者當我只是奔跑
A little low on faith~
有點失去信心~
That's when I just gotta believe
這時我只需要相信
There's power and courage in me
我內心有力量和勇氣
And whatever happens
不論發生什麼事
Through good days and bad ones
在好日子和壞日子裡
I will stand and say
我要堅強地站起來
I can climb this mountain
我可以登上這座山
I can brave this storm
我可以勇敢地面對風暴
I can be amazing
我可以成為了不起的人
There's no telling now how far I'll go
現在還無法知曉我能走多遠
When this day needs saving
當需要拯救的時候
It starts with me, I know
我知道, 起點在我
So I will move
所以我會行動
I will rise
我會站起來
I will choose
我會做出選擇
I will try
我會嘗試
To be my own superhero
成為我自己的超級英雄

Listen to the song &
highlight the lyrics (歌詞)
which touch your heart
the most!



Then I'll be a light in the dark
我會成為黑暗中的一束光
I'll do the right thing when it's hard
即使困難重重, 我也會做對的事情
I'll reach out my hand
我會將手伸向你
If we start to drift apart
如果我們逐漸飄散
When you need my help I'll be there
當你需要我的幫助, 我會在那裡
Cuz real superpowers are meant to be shared
因為真正的超能力是用來分享的

We're brighter together
我們一起會更加光明
And stronger than ever
而且比以往更強大
Hand in hand and heart to heart
手拉手, 心連心

I can climb this mountain
我可以登上這座山
I can brave this storm
我可以勇敢地面對風暴
I can be amazing
我可以成為了不起的人
There's no telling now how far I'll go...oh
現在還無法知曉我能走多遠.....噢
When this day needs saving
當需要拯救的時候
It starts with me, I know
我知道, 起點在我
So I will move
所以我會行動
I will rise
我會站起來
I will choose
我會選擇
I will try
我會嘗試
To be my own superhero
成為我自己的超級英雄

I'll never give up
我永不放棄
I'll never give in
我永不屈服
And each time I fall
每次跌倒
I will rise again
我會再次起身
When this day needs saving
當需要拯救的時候
It starts with me, I know
我知道, 起點在我
So I will move
所以我會行動
I will rise
我會站起來
I will choose
我會做出選擇
I will try
我會嘗試
To be my own superhero
成為我自己的超級英雄
I will be my own superhero
我會成為我自己的超級英雄



歌曲影片連結

Group:

Name:

See-Think-Wonder

What do you see?

What do you think?

What do you wonder?

Group:

Name:

See-Think-Wonder

What do you see?

What do you think?

What do you wonder?

Group:

Name:

See-Think-Wonder

What do you see?

What do you think?

What do you wonder?

Group:

Name:

See-Think-Wonder

What do you see?

What do you think?

What do you wonder?