

Food Waste Record (浪費食物紀錄表)

Class: 803 No.: 42 Name: 廖芷晴

A. Record your eating habits for a week! (記錄你的飲食習慣一週!)

Date (日期)	What food did I throw away? (我丟掉了什麼食物?)	Why? (為什麼?)
<i>example</i> 2023/03/24	☐ meat ☐ fruit ☒ vegetable ☐ bread ☒ snacks ☒ rice ☐ noodles ☒ drinks ☐ others: _____	vegetable - I don't like it. (我不喜歡吃。) rice - I was too full. (我太飽了。) snacks - It's expired. (過期了。) drinks - I dropped it on the floor. (掉到地上了。)
<i>Day 1</i> 3/25	☐ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☒ drinks ☐ rice ☐ noodles ☐ others: _____	drink - I was too full.
<i>Day 2</i> 3/26	☐ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☐ others: _____	
<i>Day 3</i> 3/27	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☐ others: _____	vegetable - I was too full.
<i>Day 4</i> 3/28	☒ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☐ others: _____	meat - I dropped it on the floor.

Day 5 3/29	☐ meat ☐ vegetable ☐ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	It's expired.
Day 6 3/30	☐ meat ☐ vegetable ☐ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☒ snacks ☐ drinks	I was too full.
Day 7 3/31	☐ meat ☐ vegetable ☐ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☒ snacks ☐ drinks	I don't like it.

B. Find out what food you threw away the most and why! (找出你最常丟掉什麼食物以及原因為何！)

a. I threw away snacks the most because I was too full

b. How can I reduce food waste based on my eating habits? 不要一直吃零食



Food Waste Record (浪費食物紀錄表)

Class: 803 No.: 26 Name: 徐雅雯

A. Record your eating habits for a week! (記錄你的飲食習慣一週!)

Date (日期)	What food did I throw away? (我丟掉了什麼食物?)	Why? (為什麼?)
<i>example</i> 2023/03/24	☐ meat ☐ fruit ☒ snacks ☒ vegetable ☐ bread ☒ drinks ☒ rice ☐ noodles others: _____	vegetable - I don't like it. (我不喜歡吃。) rice - I was too full. (我太飽了。) snacks - It's expired. (過期了。) drinks - I dropped it on the floor. (掉到地上了。)
<i>Day 1</i>	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☒ rice ☐ noodles others: _____	vegetable - I don't like it.
<i>Day 2</i>	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles others: _____	I don't like it.
<i>Day 3</i>	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles others: _____	I don't like it
<i>Day 4</i>	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles others: _____	I was too full.

Day 5	☐ meat ☐ vegetable ☒ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	I was too full.
Day 6	☐ meat ☐ vegetable ☐ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	I was full
Day 7	☐ meat ☐ vegetable ☐ rice ☐ others: _____	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	全吃完

B. Find out what food you threw away the most and why! (找出你最常丟掉什麼食物以及原因為何!)

a. I threw away 很多 rice, vegetable the most because 太飽了 加上打飯打

b. How can I reduce food waste based on my eating habits? 少打一些飯菜 看自己能吃多少 就打多少



Food Waste Record (浪費食物紀錄表)

Class: 803 No.: 33 Name: 林世丹

A. Record your eating habits for a week! (記錄你的飲食習慣一週!)

Date (日期)	What food did I throw away? (我丟掉了什麼食物?)	Why? (為什麼?)
<u>example</u> 2023/03/24	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☒ drinks ☒ rice ☐ noodles ☐ others: _____	vegetable - I don't like it. (我不喜歡吃。) rice - I was too full. (我太飽了。) snacks - It's expired. (過期了。) drinks - I dropped it on the floor. (掉到地上了。)
<u>Day 1</u> 2023/3/24	☐ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☒ others: <u>飯吃飽了</u>	
<u>Day 2</u> 2023/3/25	☐ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☐ drinks ☐ rice ☒ noodles ☒ others: <u>French fries</u>	French fries → I dropped it on the floor : noodles → I was too full
<u>Day 3</u> 2023/3/26	☐ meat ☐ fruit ☐ snacks ☒ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☐ others: _____	vegetable → I don't like it
<u>Day 4</u> 2023/3/27	☐ meat ☐ fruit ☐ snacks ☐ vegetable ☐ bread ☐ drinks ☐ rice ☐ noodles ☒ others: <u>飯吃飽</u>	

Day 5 2023/3/28	☐ meat ☐ vegetable ☒ rice ☐ others:	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	rice → I was too full
Day 6 2023/3/29	☐ meat ☐ vegetable ☐ rice ☐ others: 全吃完了	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	
Day 7 2023/3/30	☐ meat ☐ vegetable ☐ rice ☐ others: 全吃完了	☐ fruit ☐ bread ☐ noodles ☐ snacks ☐ drinks	

B. Find out what food you threw away the most and why! (找出你最常丟掉什麼食物以及原因為何!)

a. I threw away rice the most because I was too full

b. How can I reduce food waste based on my eating habits? 吃之前把飯介紹別人





Exit Ticket

Name: 林正昇

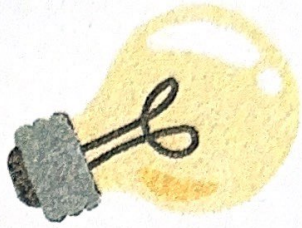
I used to think (我以前認為): 現在大部份的人在現今的

生活能夠有足夠的食物

Now I think (我現在覺得): 自己生活在 Taiwan 很幸福

I can pack less food to fight hunger!

(行動)



Exit Ticket

Name: _____

呂宜潔

I used to think (我以前認為): 大家都是可以吃飽的

Now I think (我現在覺得): 珍惜自己有的東西

I can 把自己的食物吃完 to fight hunger!
(行動)



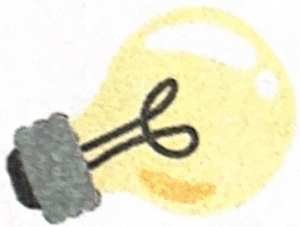
Exit Ticket

Name: Amie

I used to think (我以前認為): 在世界上又有少數的人
沒辦法吃飽,

Now I think (我現在覺得): 有八億人都餓著肚子
去睡覺,

I can not waste food, to fight hunger!
(行動)



Exit Ticket

Name:

施美玉 Sarah

I used to think (我以前認為):

is not a big deal.
wasting food

Now I think (我現在覺得):

It's actually a
serious situation.

I can

stop wasting food to fight hunger!
(行動)

Group: 2 Members: 8, 12, 38, 42

Speech Presentation Rubrics 演說評分準則

Instruction:

1. Read through the rubrics (評分準則), and practice your speech based on them.
2. When other groups are giving a speech, look at them, listen carefully, show your politeness, and check ✓ for their performance.
3. Check ✓ for your own performance after you finish your speech.

Group 1

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.		✓ 😊	
They talk not too fast and not too slow.			✓
They look at the audience often. They don't always look at their script.		✓	
They use body language to make their speech better and easier for us to understand.			✓
They have good ideas for fighting hunger. These ideas sound doable (可行的).		✓	
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).	✓		
Their teamwork is good. They help each other.	✓		

Write a sentence to describe their overall performance (整體表現描述):

Their teamwork is good.



Group: 1 Members: 5, 9, 39, 43

Group 2

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.	✓		
They talk not too fast and not too slow.	✓		
They look at the audience often. They don't always look at their script.		✓	
They use body language to make their speech better and easier for us to understand.		✓	
They have good ideas for fighting hunger. These ideas sound doable (可行的).	✓		
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).	✓		
Their teamwork is good. They help each other.	✓		

Write a sentence to describe their overall performance (整體表現描述):

聲音很一致,也很大聲.



Group: 6 Members: 10.31.33.45

Group 3

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.		✓	
They talk not too fast and not too slow.	✓		
They look at the audience often. They don't always look at their script.	✓	✓	✓
They use body language to make their speech better and easier for us to understand.		✓	
They have good ideas for fighting hunger. These ideas sound doable (可行的).	✓		
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).		✓	
Their teamwork is good. They help each other.	✓		

Write a sentence to describe their overall performance (整體表現描述):

They talk not too fast, and very clearly



Group: 1 Members: 5. 9. 7. 9. 43

Group 4

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.	✓		
They talk not too fast and not too slow.	✓		
They look at the audience often. They don't always look at their script.	✓		
They use body language to make their speech better and easier for us to understand.		✓	
They have good ideas for fighting hunger. These ideas sound doable (可行的).	✓		
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).		✓	
Their teamwork is good. They help each other.	✓		

Write a sentence to describe their overall performance (整體表現描述):

講得很整齊，但中間有笑場:D



Group: 7 Members: 2.7.13.35.41

Group 5

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.	✓		
They talk not too fast and not too slow.		✓	
They look at the audience often. They don't always look at their script.	✓		
They use body language to make their speech better and easier for us to understand.			✓
They have good ideas for fighting hunger. These ideas sound doable (可行的).	✓		
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).	✓		
Their teamwork is good. They help each other.	✓		

Write a sentence to describe their overall performance (整體表現描述):

They can do more body language to the audience to let them know what they are saying.



Group: 7 Members: 2, 7, 13, 35, 41

Group 6

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.		✓	
They talk not too fast and not too slow.	✓		
They look at the audience often. They don't always look at their script.	✓		
They use body language to make their speech better and easier for us to understand.			✓
They have good ideas for fighting hunger. These ideas sound doable (可行的).	✓		
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).		✓	
Their teamwork is good. They help each other.			✓

Write a sentence to describe their overall performance (整體表現描述):

There is only one person is reading, other members didn't read.



Group: 3 Members: 11.15.34.44

Group 7

	Usually ☆☆☆	Sometimes ☆☆	Seldom ☆
They talk clearly and loudly.			✓
They talk not too fast and not too slow.		✓	
They look at the audience often. They don't always look at their script.	✓		
They use body language to make their speech better and easier for us to understand.	✓		
They have good ideas for fighting hunger. These ideas sound doable (可行的).		✓	
Their slogan (口號) for fighting hunger sounds powerful and inspiring (鼓舞人心的).		✓	
Their teamwork is good. They help each other.		✓	

Write a sentence to describe their overall performance (整體表現描述):

前面唸稍微快，但音量大，後面音量變小，但有加動作。





UN Speech Script (演說講稿)



Group: 1 No.: 5 Name: 許宇

Dear UN officers,

We are ATS (As Taiwanese Superstars) from Taiwan. We are here to help people around the world to fight hunger! Because of people who don't have enough money to buy healthy food (飢餓成因), some people do not have enough safe healthy food to eat. Our country can donate money donate food (一項國家行動).

We can help, too! (三項個人行動)

1. Let's give them rice to fight hunger!
2. Let's do not turn on the AC to fight hunger!
3. Let's not waste food to fight hunger!

We can all make the world a better place (號召口號)
Let's fight hunger! Thank you!

Slogan Bank: (號召口號參考)

1. If not now, when? If not us, who?
(如果不是現在做, 那要什麼時候才做? 如果不是我們來做, 那要誰來做?)
2. We can all make the world a better place.
(我們都有能力讓這個世界變得更好。)
3. With great power comes great responsibility.
(能力越大, 責任越大。)



Seesaw



Text to Speech
(語音合成網頁)



UN Speech Script (演說講稿)



Group: 3 No.: 11 Name: 詹家偉

Dear UN officers,

We are ATS (As Taiwanese Superstars) from Taiwan. We are here to help people around the world to fight hunger! Because of food shortage (飢餓成因), some people do not have enough safe healthy food to eat. Our country can stop waste food (一項國家行動).

We can help, too! (三項個人行動)

1. Let's only drink enough water to fight hunger!
 2. Let's not eat too much food to fight hunger!
 3. Let's don't dump food waste to fight hunger!
If not now, when? If not us, who?
- (號召口號)

Let's fight hunger! Thank you!

Slogan Bank: (號召口號參考)

1. If not now, when? If not us, who?
(如果不是現在做, 那麼什麼時候才做? 如果不是我們來做, 那麼誰來做?)
2. We can all make the world a better place.
(我們都有能力讓這個世界變得更美好。)
3. With great power comes great responsibility.
(能力越大, 責任越大。)



Seesaw



Text to Speech
(語音合成網頁)



UN Speech Script (演說講稿)



Group: 5 No.: 4 Name: Bruce

Dear UN officers,

We are ATS (As Taiwanese Superstars) from Taiwan. We are here to help people around the world to fight hunger! Because of Gender inequality and poverty (飢餓成因), some people do not have enough safe healthy food to eat. Our country can make sure women and men have the same right to get a job (一項國家行動). We can help, too! (三項個人行動)

1. Let's eat everything in your plate to fight hunger!
2. Let's donate money to foundation that help poor people to fight hunger!
3. Let's write letter to the government that is having war to fight hunger!
Help poor, be pro

Let's fight hunger! Thank you!

Slogan Bank: (號召口號參考)

1. If not now, when? If not us, who?
(如果不是現在做, 那要什麼時候才做? 如果不是我們來做, 那要誰來做?)
2. We can all make the world a better place.
(我們都有能力讓這個世界變得更好。)
3. With great power comes great responsibility.
(能力越大, 責任越大。)



Seesaw



Text to Speech
(語音合成網頁)



UN Speech Script (演說講稿)



Group: 4 No.: 14 Name: Ryder

Dear UN officers,

全部 14

We are ATS (As Taiwanese Superstars) from Taiwan. We are here to help people around the world to fight hunger! Because of Unequal Distribution, poverty, war (飢餓成因), some people do not have enough safe healthy food to eat. Our country can Donate what they need for example food, donate, money. (一項國家行動).

We can help, too! (三項個人行動)

401. Let's put excess food in food bank to fight hunger!

1.2. Let's Try not to produce food waste to fight hunger!

403. Let's take a video to share with others to fight hunger!

We will do our best to help those in need.

(號召口號)

Let's fight hunger! Thank you!

Slogan Bank: (號召口號參考)

1. If not now, when? If not us, who?
(如果不是現在做, 那要什麼時候才做? 如果不是我們來做, 那要誰來做?)
2. We can all make the world a better place.
(我們都有能力讓這個世界變得更美好。)
3. With great power comes great responsibility.
(能力越大, 責任越大。)



Seesaw



Text to Speech
(語音合成網頁)